

Oncology Nursing Society

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Ensuring Healthcare Worker Safety When Handling Hazardous Drugs

Joint Position Statement from the Oncology Nursing Society and the Hematology/Oncology Pharmacy Association Ensuring Healthcare Worker Safety When Handling Hazardous Drugs

Hazardous drugs (HDs) are chemicals that demonstrate one or more of the following characteristics: carcinogenicity, genotoxicity, teratogenicity, reproductive toxicity, or organ toxicity. In addition, newer drugs with a structural or toxicity profile that mimics an agent known to be hazardous by one of the aforementioned criteria also should be treated as such (National Institute for Occupational Safety and Health [NIOSH], 2016). Any HD-handling activity can result in exposure for healthcare workers (HCWs), as documented in a multitude of case reports and studies. Exposure to HDs has been associated with acute symptoms (e.g., nasal sores, hair loss, skin rash), adverse reproductive outcomes (e.g., miscarriage), genetic changes (e.g., chromosomal aberrations, sister-chromatid exchanges), and an increased occurrence of cancer (Centers for Disease Control and Prevention [CDC], 2019).

The Occupational Safety and Health Administration (OSHA) acknowledged the occupational risks of HDs and issued recommendations for their safe handling more than 30 years ago (OSHA, 1986). Updated guidelines from NIOSH and professional societies have been published (NIOSH, 2016; Polovich & Olsen, 2018; Power & Coyne, 2018). All guidelines address the need for HD-related policies and procedures, education and training, and safe handling precautions in settings in which HDs are present. Safe handling precautions include the use of engineering controls, safe work practices, and personal protective equipment (PPE). When used appropriately and consistently, recommended precautions reduce occupational HD exposure (NIOSH, 2004).

It is the position of ONS and HOPA that:

- Settings in which HDs are present will establish evidence-based policies and procedures for safe handling that comply with regulatory requirements and standards.
- Settings in which HDs are present will ensure that PPE indicated for handling HDs is available to all staff to minimize exposure.
- Settings in which antineoplastic HDs are prepared and administered will provide and maintain
 primary engineering controls, such as exhausted biological safety cabinets and compounding
 aseptic containment isolators, in conjunction with secondary engineering controls, such as
 buffer rooms or segregated compounding areas, consistent with USP chapters.
- Settings in which antineoplastic HDs are administered will ensure the use of supplemental engineering controls at the point of compounding and administration when the dosage form allows.
- Settings in which HDs are present will provide education and training specific to each staff
 member whose work puts them at risk for exposure to HDs. Education, training, and
 competency evaluation will encompass the risks of exposure, including the reproductive and
 developmental effects, the recommended precautions for specific handling activities, safe
 handling of contaminated patient excreta, proper disposal of contaminated waste, and how to
 handle acute exposure.

- Settings in which HDs are present may utilize an "Assessment of Risk" to guide safe handling practices for certain dosage forms of HDs. When an "Assessment of Risk" is utilized, it must be done within the parameters outlined in USP Chapter <800> and based on available literature regarding the hazard risk of each HD.
- Settings in which HDs are present will protect the rights of staff who are trying to conceive, who are pregnant, or who are breast feeding to engage in alternative duty that does not require HD handling.
- Settings in which HDs are present will ensure that patients who receive these drugs and their caregivers receive education about safe handling to minimize unintended exposure in both the institutional and home setting.
- Settings in which HDs are present will ensure that HD waste is disposed of according to regulatory guidelines and in a manner that protects staff and the environment.
- Settings in which HDs are present should engage in medical surveillance of staff.
- Settings in which HDs are present should conduct surface wipe testing as a measure of exposure control to aid in the continuous process improvement for handling HDs.
- Our professional societies support and encourage continued research and the generation of new knowledge about the risks of HD exposure and the efficacy of risk-reduction strategies.
- Our professional societies will continue to explore evidence-based strategies for mitigation of risk associated with handling HDs and share recommendations with our respective members.
- Our professional societies recommend standard-setting bodies or specialty organizations
 with a focus on employee safety or industrial hygiene provide a routinely updated list of
 medications that are considered hazardous to those handling them.
- Our professional societies recommend manufacturers of products that support the safe handling of hazardous drugs (e.g., CSTDs, PPE) validate the effectiveness of their products using available accepted testing protocols.
- Our professional societies support and encourage compliance with all NIOSH recommendations, USP compounding standards, and regulatory requirements.
- Our professional societies support and encourage advocacy efforts to make recommendations and standards into enforceable laws that best protect staff and the environment.

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